

Veggie & Rice Soup

INGREDIENTS

- 1 quart of veggie broth
- 1/2 cup of carrots and celery
- 1 can of corn, black beans, and diced tomatoes
- Salt, pepper, garlic powder, onion powder, and italian seasoning
- 1 cup of rice



DIRECTIONS

1. Chop up the carrots and celery
2. In a large pot, cook carrots and celery in oil on medium heat
3. Add the cans of corn, black beans, and diced tomatoes
4. Season with salt, pepper, garlic powder, onion powder, and italian seasoning to taste
5. Add in the quart of veggie broth and cup of rice
6. Bring to a boil, then reduce to a simmer
7. Cover and let cook for 15-20 minutes on low heat
8. Mix well, and it's ready to serve!

