Resources for Native Plant Enthusiasts South Bay Area, California

BOOKS

California Native Plants for the Garden - Carol Bornstein, David Fross, Bart O'Brien Plants and Landscapes for Summer-Dry Climates of the SF Bay Region - EBMUD The California Landscape Garden – Francis & Reimann Edible and Useful Plants of California - Charlotte Clarke The Flavors of Home: A Guide to Wild Edible Plants ... - Margit Roos-Collins Flora of the Santa Cruz Mountains of California – John Hunter Thomas Gaia's Garden - Toby Hemenway, John Todd Gardening with a Wild Heart – Judith Larner Lowry Growing California Native Plants - Marjorie Schmidt The Habitat Garden Book - Nancy Bauer The Jepson Manual: Higher Plants of California – James C. Hickman, ed. Landscape Plants for Western Regions – Bob Perry (rare) Manual of Pacific Coast Trees - McMinn & Maino Oaks of California - Bruce M. Pavlik The Wildlife Sanctuary Garden – Carol Buchanan Common Butterflies of California - Bob Stewart

WEBSITES

www.landscapestandards.com (local professionals, vendors, photos and guidelines)
 www.gardeningwithnatives.com (Gardening with Natives Santa Clara Valley)
 www.nativeplantdesign.com (with example portfolio photos)
 www.cnps-scv.org (Native California Plant Society Santa Clara Valley Chapter)
 www.laspilitas.com (click on '1000 Native Plants')
 www.calflora.org (Database and plant photos)

NURSERIES

Capitol Wholesale Nursery, San Jose (408) 239.0357

www.capitolwholesalenursery.com

Elkhorn Native Plant Nursery, Moss Landing & Soquel (831) 763.1207

www.elkhornnursery.com

Yerba Buena Nursery, Woodside (650) 851.1668

www.yerbabuenanursery.com

Native Revival Nursery, Aptos (831) 684.1811

www.nativerevival.com

Central Coast Wilds, Santa Cruz

www.centralcoastwilds.com

Basic Elements of a Water-Efficient Garden

Stephanie Morris, Landscape Architect – <u>www.NativePlantDesign.com</u> March 21, 2013

Basic Elements of a Water Wise Design - Ecological

- **§** Hydrozoning
- **§** CA native or low water use plants by community
- **§** Space plants appropriately
- **§** Efficient watering system
- **§** Keep rainwater on site
- **§** Use topdressing/mulch
- **§** Reduce waste and maintenance

Basic Elements of Landscape Design – Aesthetic

- **§** Architectural style/personal taste
- **§** Focal point, accents
- **§** Texture, contrast, form, repetition
- **§** Foliage, bark, berries (not just flowers)
- **§** Avoid too much complexity
- § Incorporate seasonal change
- **§** Attractive hardscape elements

Basic Elements of Landscape Design – Functional

- **§** Circulation needs and materials
- § Desired uses both active/passive
- **§** People AND wildlife (food, cover, water)
- **§** Screen or frame views
- **§** Utilitarian elements (tools, trash, compost)

Creating a Landscape Plan

- **§** Define goals (functional, aesthetic ecological)
- **§** Site analysis & base map
- § Conceptual diagram
- **§** Refine Design
- § Installation
- **§** Maintenance

PLANNING/PLANTING THE NATIVE PLANT GARDEN Stephanie Morris

- 1. Review garden for:
 - a. Sun/shade amounts
 - b. Soil type(s)
 - c. Watering system
 - d. Wind, views, other factors
 - e. Choose plant communities that reflect the onsite environment
 - f. Incorporate personal tastes/functional needs
- 2. Soil Preparation
 - a. Should be as minimal as possible
 - b. Amend only in clay soil areas 25% or less
 - c. Use organic compost or planting mix w/compost
 - d. Excess organic matter shortens the life of the plant by promoting excessive growth
- 3. Plant Selection
 - a. Plant as small a container size as possible
 - b. Smaller plant container size will surpass larger in growth
 - c. Roots are less likely to be bound in can if plant is younger
 - d. Easier to dig the hole if the plant is smaller
 - e. Choose plants that are healthy, show signs of new growth, not root bound
- 4. When to Plant
 - a. Fall is often the 'best' time
 - b. Allows root growth to establish plant with fall/winter rains
 - c. Strong roots help achieve drought tolerance
 - d. Spring planting is also an option
 - e. Easier to dig holes during the rainy season
 - f. Often, planting season is determined by plant availability
 - g. Avoid planting in June, July, August
- 5. Plant Spacing
 - a. Make sure to research full size of plant at maturity height and width
 - b. Landscape will look bare at first
 - c. Filling gaps with wildflowers is an option
 - d. Wildflowers will often re-seed (this can be positive or negative)
- 6. Plant Pit Preparation
 - a. Consider mounding or berming to enhance drainage
 - b. Dig hole twice as wide and as deep as the container
 - c. Leave jagged edges in hole so roots don't coil and bind plant
 - d. Plant root ball slightly above soil level so crown of plant doesn't rot
 - e. Basin at perimeter of each plant is not necessary
 - f. Water entire eventual root zone area, not just at rootball
- 7. Fertilizer
 - a. Generally not necessary; plants are used to un-amended soils
 - b. Fertilizer can shorten the life span of a native plant
 - c. Plants will draw what they need from the soil
 - d. Use minimal amounts of compost when planting
 - e. Feed the soil, not the plant

8. Topdressing/Mulch

- a. Extremely important
- b. Keeps down weeds
- c. Maintains soil moisture from extremes
- d. Holds water in the soil
- e. Apply after planting, then about once per year before spring weeds
- f. Pro-chip or tree-trimmers wood chips are ideal

9. Change in the Garden

- a. Expect the garden to change over time
- b. Natural processes such as seeding from birds
- c. Some species will be shaded out as trees grow
- d. Soil will become more workable and healthy
- e. Some species are short-lived

10. Irrigation Tactics

- a. Remember: A drought tolerant plant needs water to become established!
- b. Plants received regular water at the nursery
- c. Provide extra attention and water for the first two years minimum
- d. Irrigate beyond the rootball of the plant to encourage roots to spread
- e. Irrigate during the cool parts of the day
- f. Water deeply and infrequently

11. Hand watering

- a. Allows for close interaction/observation
- b. Monitor growth and flowering
- c. More time consuming
- d. Make at least two soaks/passes vs a quick spray
- e. No installation cost (save money and plastic)
- f. More exact and potentially very water-conserving

12. Drip Irrigation

- a. Keeps garden watered during vacationing/busy schedules
- b. Very time-efficient
- c. Relatively easy to install
- d. Install drip on soil surface, then cover with mulch
- e. Use ½" poly pipe for areas with broad plant spacing (8' and up)
- f. Use an inline drip for more uniform plantings and a better root network

13. Spray Irrigation

- a. Often a waste of water and can cause runoff
- b. Promotes more year-round weeds
- c. Very time efficient
- d. More labor to install
- e. Can cause leaf fungal issues on plants
- f. Appropriate only for grassland/meadow
- g. Can be retrofitted to drip system or more efficient nozzle if it is existing

14. Estimated Watering Schedule – Some general guidelines

- a. Natives from different plant communities require different amounts of water. For drought tolerant natives:
- b. Check once per week when establishing plants during rainy season
- c. If planted in fall...check once every 1- 2 weeks the next dry season
- d. The second dry season, check once every 2-3 weeks
- e. Use your hands to dig into the soil, or use a moisture meter
- f. Plant is considered 'established' after 2-3 seasons, or when it has grown 2 to 3 times its original size.



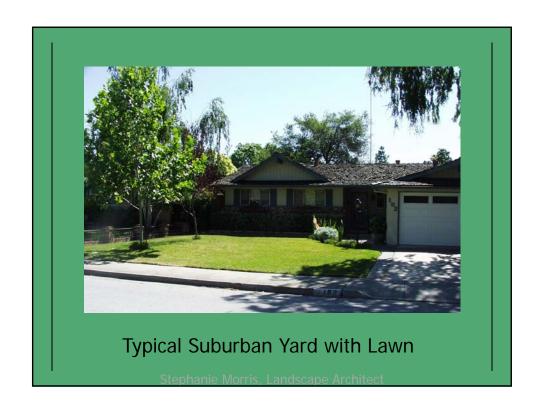
Design Elements of a Water-Efficient Garden

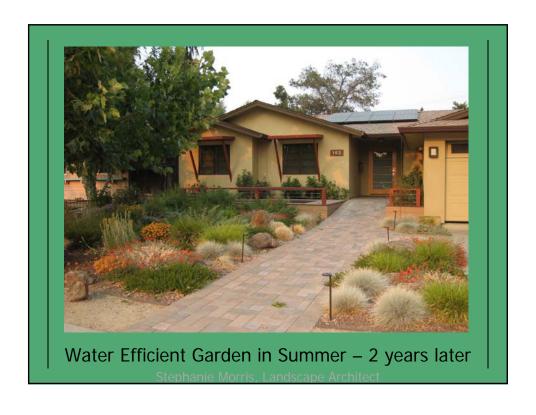
Stephanie Morris, Landscape Architect

A Talk in Four Parts

- What is Water Efficient Design?
- Basic elements of Landscape Design
- Creating a Landscape Plan
- Design Exercise!







Landscape Design Goals

- Functional practical uses of the landscape
- Aesthetic beauty of design
- Ecological connecting with nature



Stephanie Morris, Landscape Architect

Basic Elements of Water Wise Design

Ecological

- Hydrozoning
- CA native or low water use plants by community
- Space plants appropriately
- Efficient watering system
- Keep rainwater on site
- Use topdressing/mulch
- Reduce waste and maintenance



Basic Elements of Landscape Design

Aesthetic

- Architectural style/personal taste
- Focal point, accents
- Texture, contrast, form, repetition
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- Avoid too much complexity
- Incorporate seasonal change
- Attractive hardscape elements



Stephanie Morris, Landscape Architect

Basic Elements of Landscape Design

Functional

- Circulation needs and materials
- Desired uses both active/passive
- People AND wildlife (food, cover, water)
- Screen or frame views
- Utilitarian elements (tools, trash, compost)





Part 1: What is a Water-Efficient Design?

Stephanie Morris, Landscape Architect

What makes a plant water efficient?

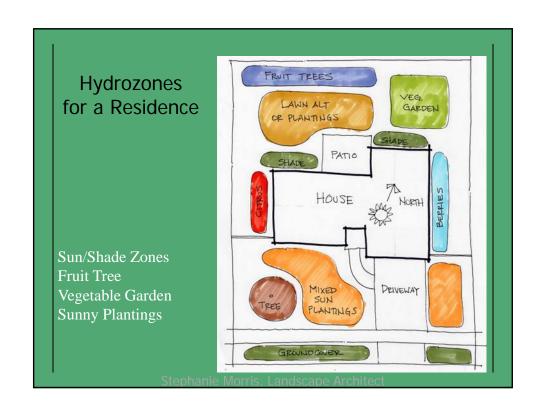
- Adapted to local conditions (summer dry, winter rain)
- Extensive root system
- Adapted with soil microorganisms to obtain water and nutrients
- Smaller or grey leaves are possible
- Some plants take a summer rest

Stanhania Morris Landscana Architect

What is hydrozoning?

- Grouping plants together that have similar watering needs
- Place sun or shade loving plants together
- Place water loving plants closest to the house or in areas that will favor more watering





Why plant a California Native?

- Less maintenance
- Less toxic
- More interesting
- Ecological link to habitat
- Plants are naturally adapted to our area
- Connect with California



Stephanie Morris, Landscape Architect

What is design by community?

- Plants in nature group together by common sun, soil, water and cultural needs. This is called a 'Plant Community'
- Plants evolved naturally to have similar needs
- We can replicate this in the garden
- Native communities common in our area:

Oak woodland, Chaparral, Grassland, Mixed Evergreen Woodland, Riparian

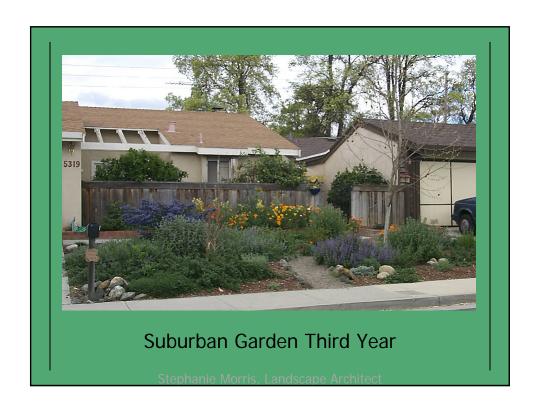
Chaparral/Scrub Community Characteristics

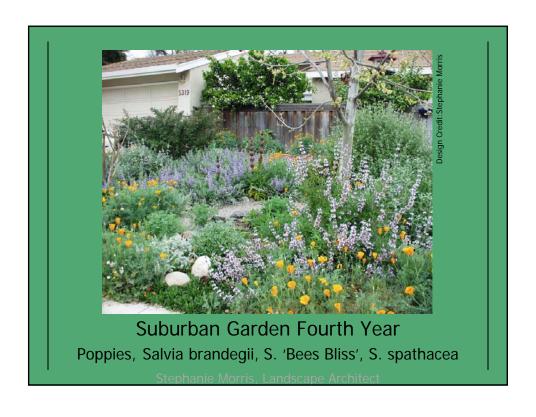
- Hot Summers
- Full Sun
- No summer rainfall
- Well drained soils
- Usually sloped
- Very few trees

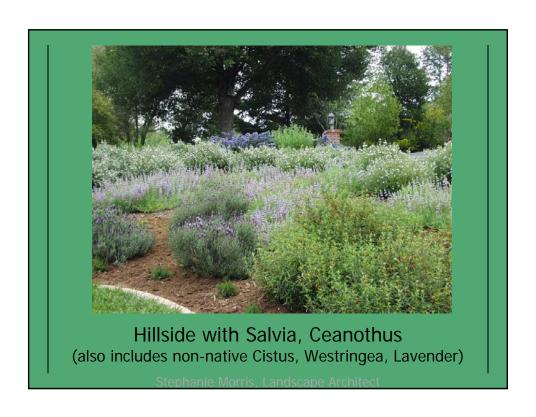


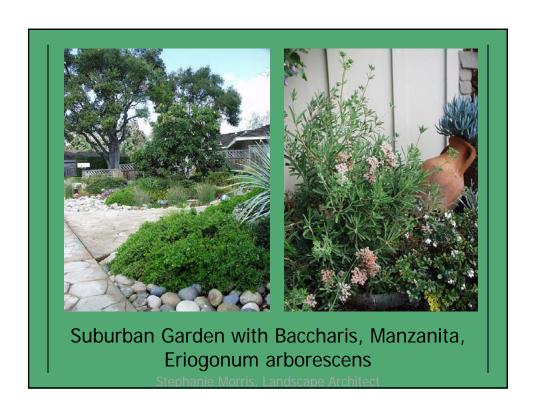




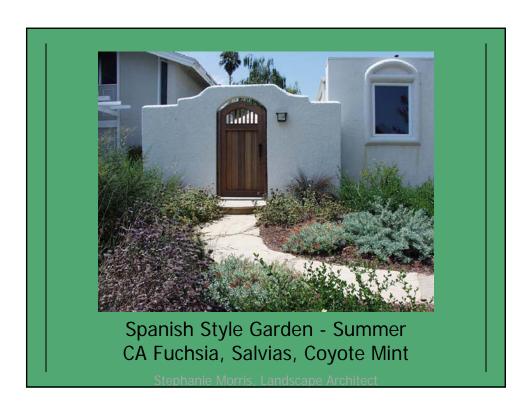








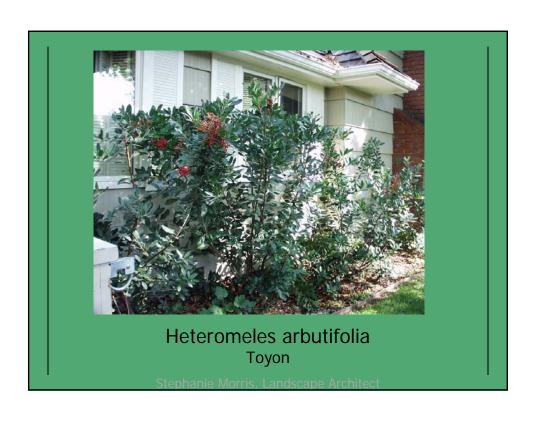


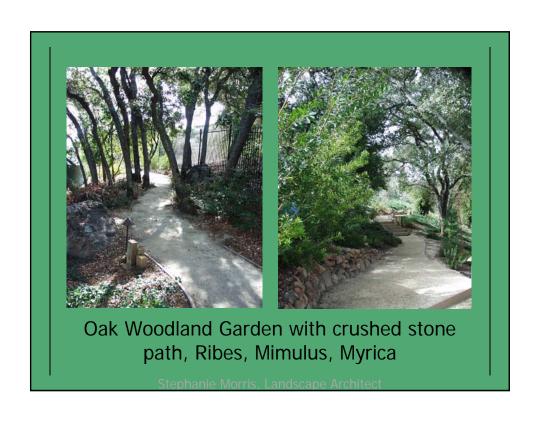


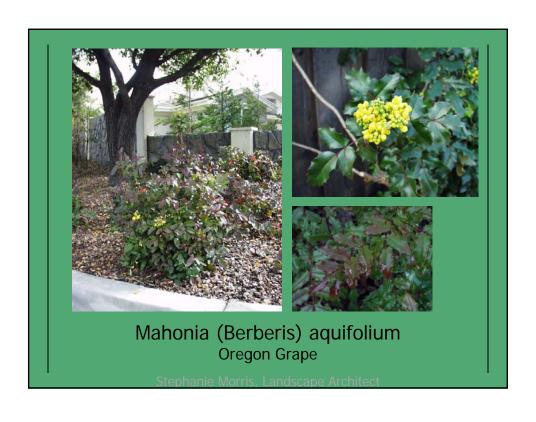
Oak Woodland Garden Characteristics

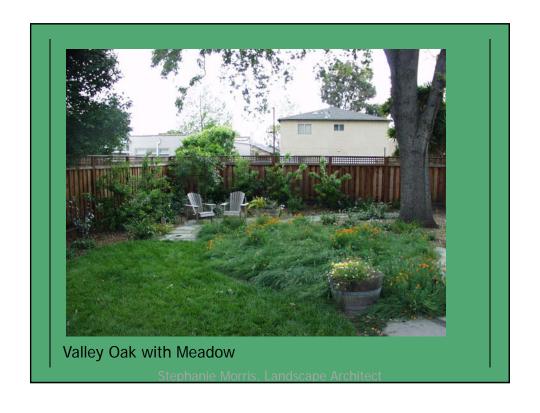
- Warm Summers
- No summer rainfall
- Part shade
- Often sloped
- Clay soils

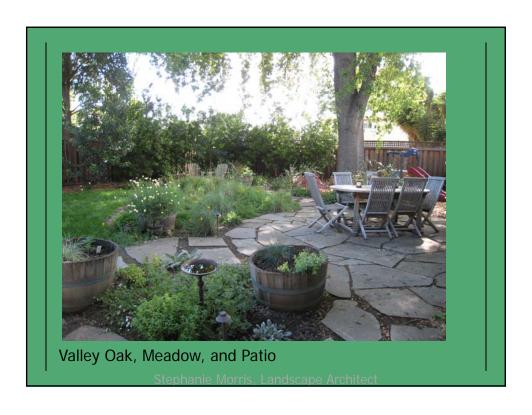










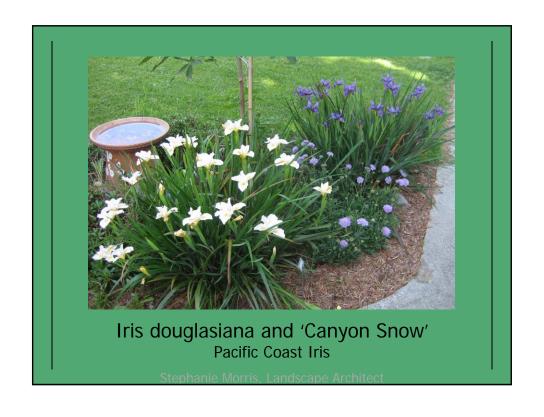


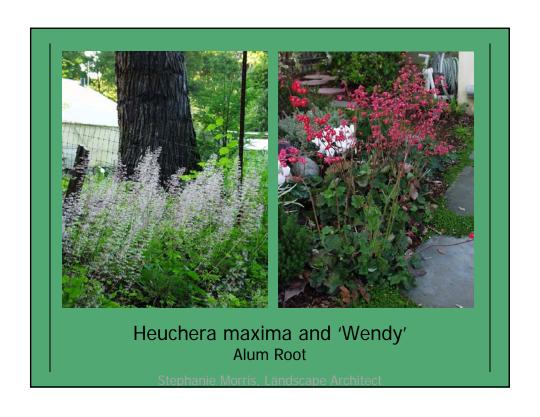
Mixed Evergreen Woodland Garden Characteristics

- Some summer moisture
- Part shade
- Often sloped
- Soils w/organic matter







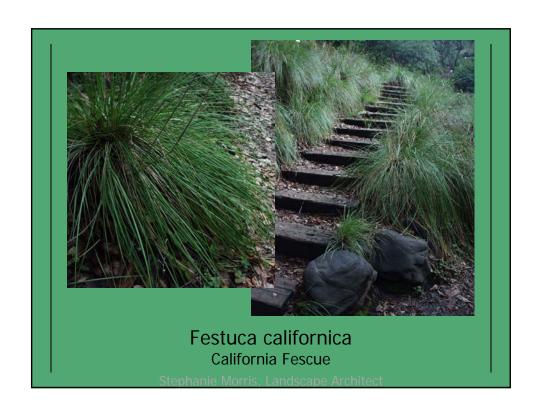




Grassland/Meadow Characteristics

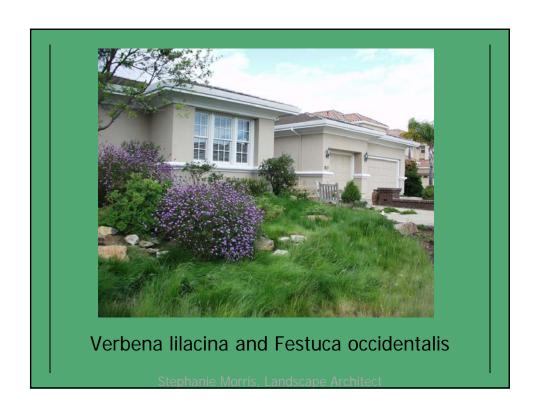
- Full Sun to Part Shade
- Perennial Bunchgrasses
- Annual/Perennial Flowers
- Bulbs
- Does not require frequent mowing
- Tolerates minimal foot traffic

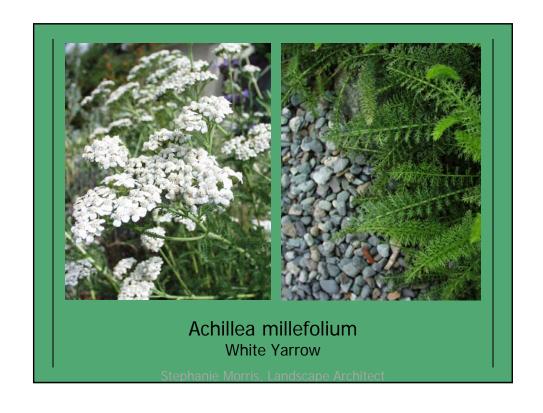


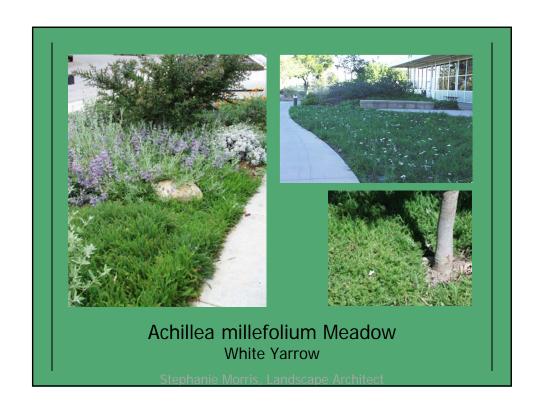














Success with CA Natives

- Small container sizes = better success
- No fertilizer (will shorten life span)
- Minimal soil preparation
- Plant water wise plants a bit higher up
- Don't forget to water until established!
- Avoid planting in summer

Stephanie Morris, Landscape Architect

Plant spacing

- Common mistake is to space plants too close together
- Crowded plants = more pruning, more waste, more time, less flowering, less healthy plant
- Give them room to grow!

Stenhanie Morris I andscane Architec

Efficient Watering System

- Remember a drought tolerant plant needs water to become established!
- Plants received regular water at nursery
- Extra attention for first two to three years
- Irrigate during cool parts of the day
- Water deeply and infrequently
- Drip/Hose/Spray options

Stephanie Morris, Landscape Architect

Spray Irrigation

- Often a waste of water
- Promotes weeds
- Very time-efficient
- More labor to install
- Can cause fungus
- Appropriate mostly for grassland/meadow



Stenhanie Morris I andscane Architect

Drip Irrigation

- Keeps things watered while vacationing/busy
- Very time-efficient
- Relatively easy to install
- Use ½" poly pipe covered with mulch
- Emitters control water to each plant







Hand Watering

- Allows for close interaction/observation
- Monitor growth and flowering
- More time-consuming
- More exact
- Potentially best for plant health



Stephanie Morris, Landscape Architect

Estimated Watering Schedule

Some very general guidelines:

- Check once to twice per week when first establishing plants
- After first winter, check once every 2 weeks
- After second winter, check once every 3 weeks
- A moisture meter can be helpful



Controller Scheduling

If using a 'standard Controller"

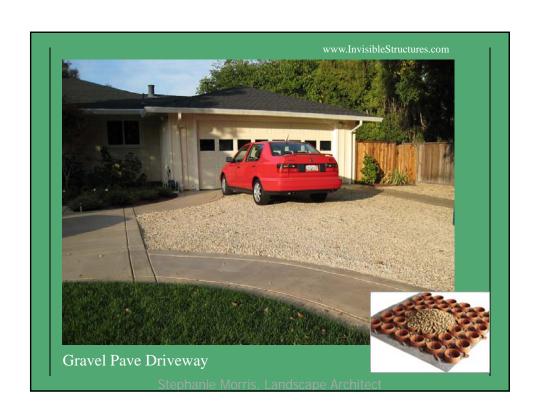
- · Adjust each season (minimum)
- Adjust monthly (ideal)
- Usually, turn it off from November to February (particularly if your plants are established)

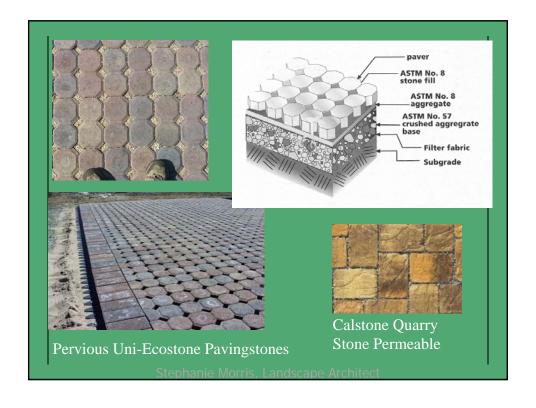
Stanhania Morris Landscana Architect

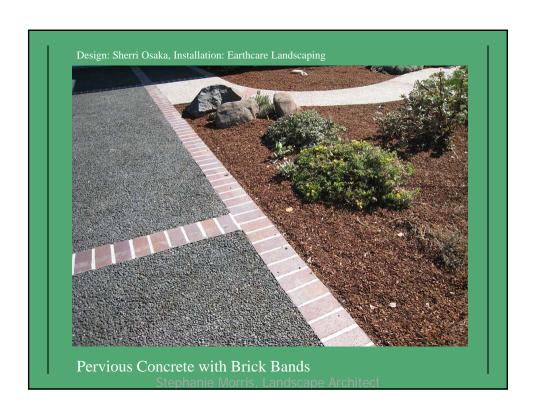
Keep Rainwater on Site

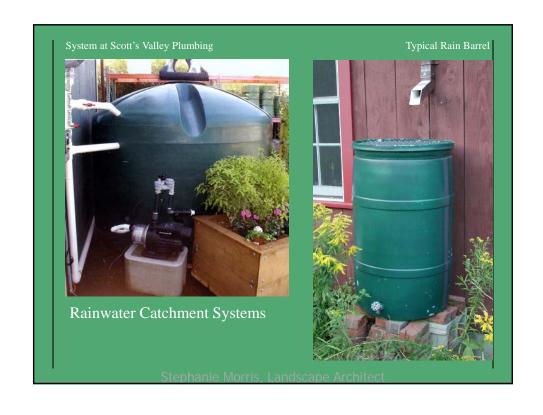
- Direct downspouts into softscape areas
- Provide percolation pits
- Create a rainwater garden
- Collect/store water for re-use
- Use pervious paving
- Reduce peak water volume and pollutants to local waterways













Why use mulch?

- Reduces weeds
- Maintains soil temperature from extremes
- Holds water in the soil
- Apply after planting, then about once every year or two
- Pro Chip or wood chip
- Tree trimmings



Mulch Improves Soil Biology

- Natural woodlands know the secret to soil health:
- Keep plant litter on top of soils
- Add tree trimmings, leaves, or other mulch



Stephanie Morris, Landscape Architect

Newspaper Sheet Mulching

An extra method to keep down annual weeds

- Maintains soil temperature from extremes
- Holds water in the soil
- Wet the soil first, then apply newspaper, then wood chip mulch

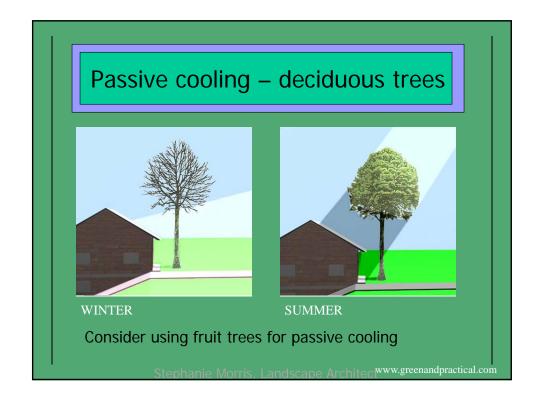


Reduce waste/Maintenance

- Water takes energy and energy takes water
- Water-related energy consumes approximately 20 percent of the state's electricity (transportation, treatment, etc).
- Coal-fired electricity generation accounts for 39% of freshwater use in U.S.A.
- It takes 18 gallons of water to produce one gallon of gasoline









Part 2: Basic Elements of Landscape Design

Stephanie Morris, Landscape Architect

Basic Elements of Landscape Design

Aesthetic

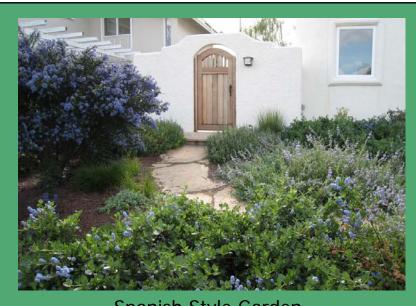
- Architectural style/personal taste
- Focal point, accents
- Texture, contrast, form, repetition
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- Attractive hardscape elements



Garden Style

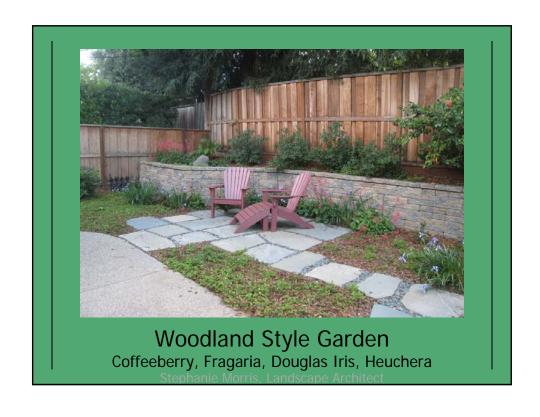
- Fear of the 'Wild Look'
- A water wise garden can easily be designed to fit ANY architectural or garden style

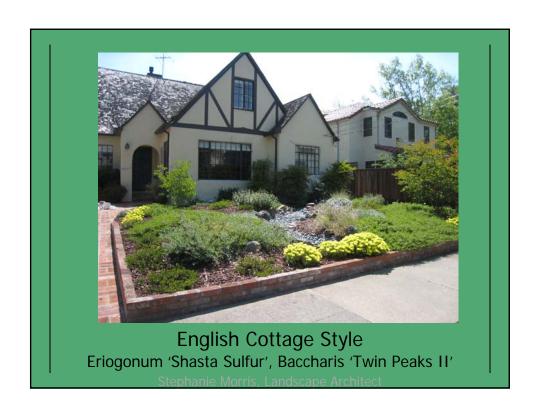
Spanish, Contemporary, English/Cottage, Mediterranean, Asian, etc.

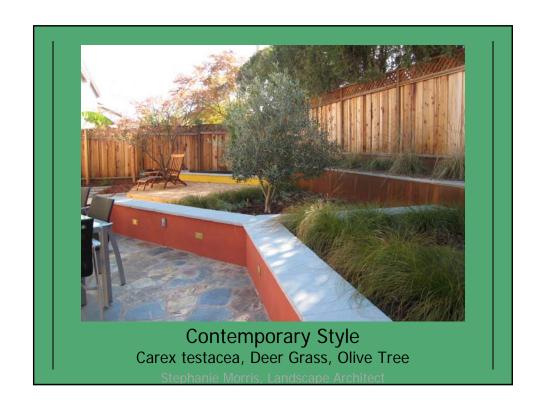


Spanish Style Garden
Ceanothus 'Julia Phelps' & 'Yankee Point', Salvia 'Bees Bliss'



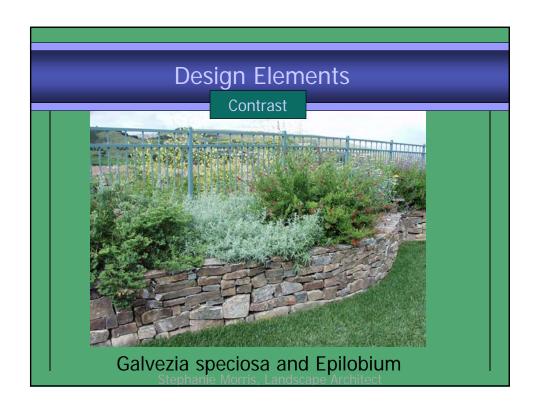




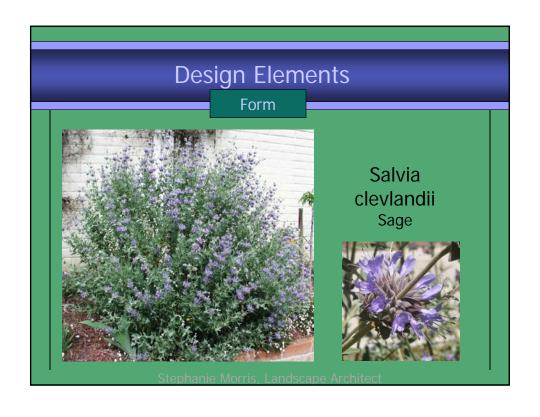






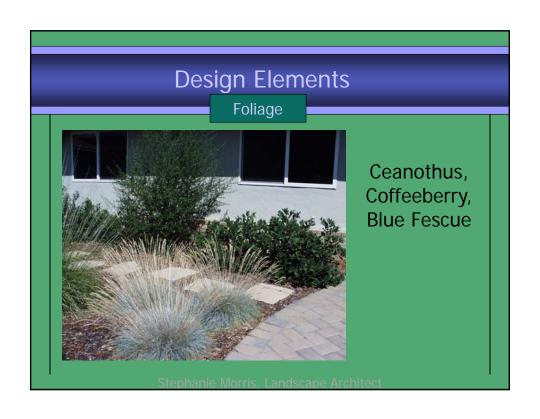




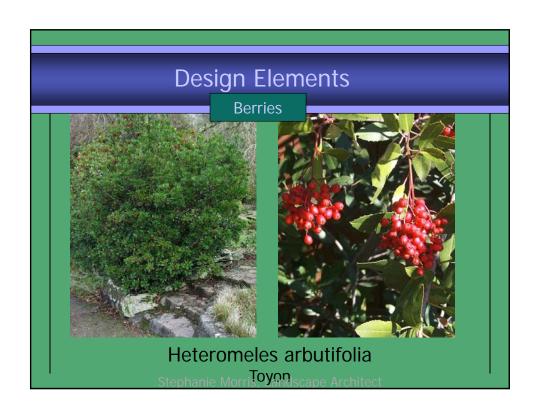




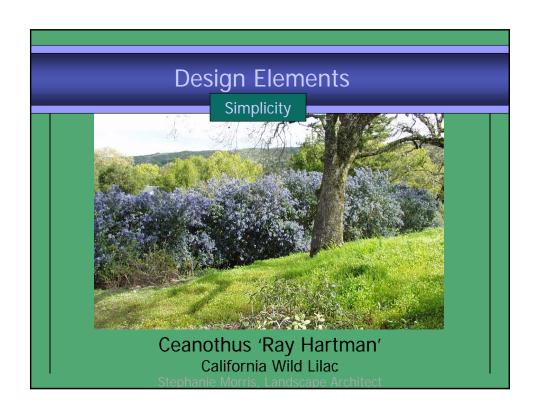




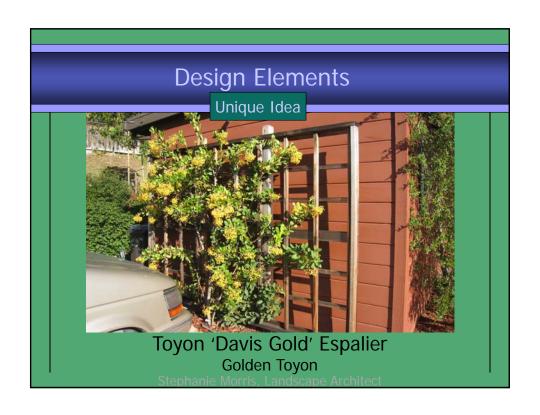






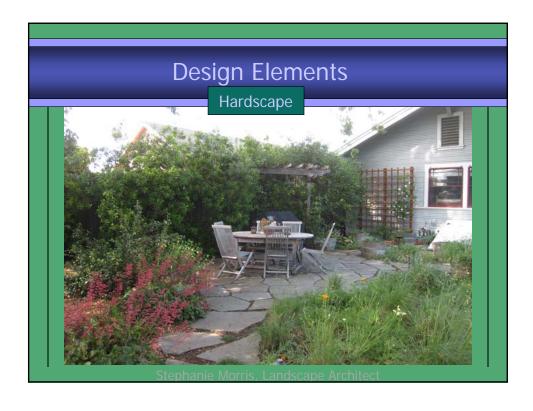












Basic Elements of Landscape Design

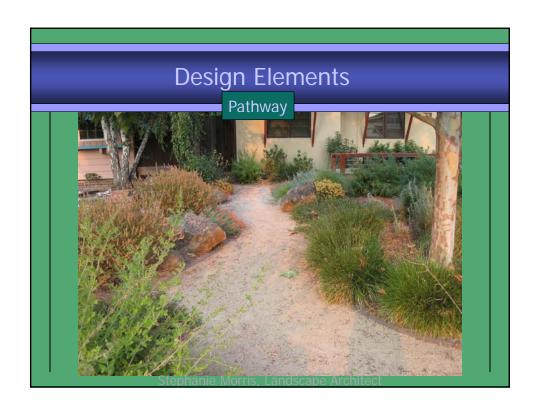
Functional

- Circulation needs and materials
- Desired uses both active/passive
- People AND wildlife (food, cover, water)
- Screen or frame views
- Utilitarian elements



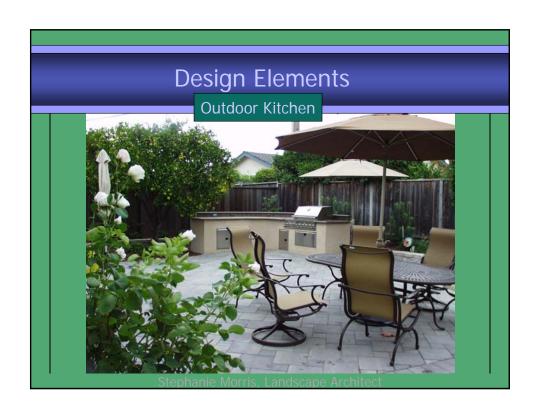


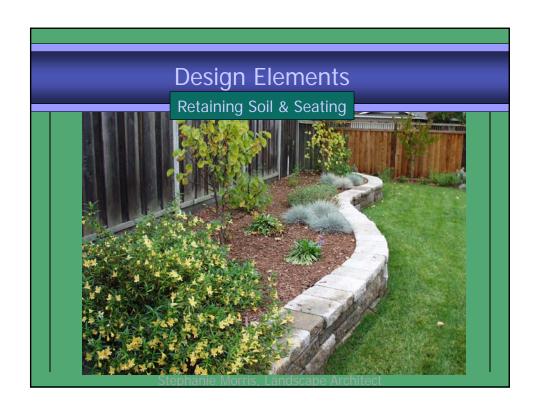




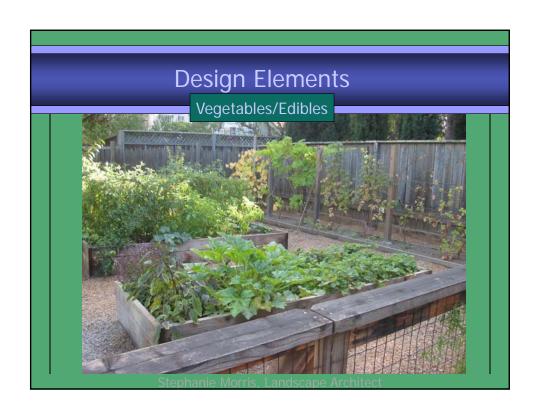














Design for Wildlife!

- Food, water, cover
- Create Edges
- Don't spray
- Suburban habitat network
- Accept some plant damage









Process of Designing a Garden

- Define goals (functional, aesthetic ecological)
- Site analysis & base map
- Conceptual diagram
- Refine Design
- Installation
- Maintenance



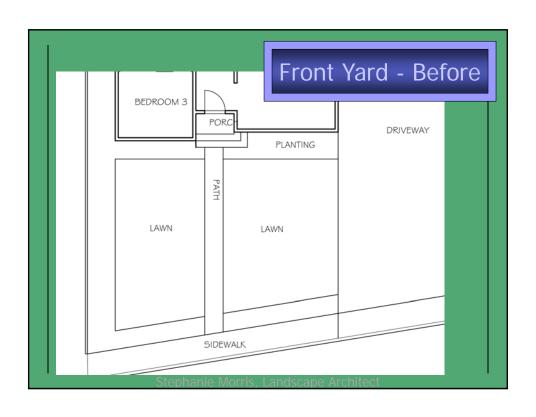
Stephanie Morris, Landscape Architect

Site Analysis

- Sun/shade/microclimates
- Where is North?
- Soil type
- Wind
- Compaction
- Mature trees
- Views



■ Measure house, doors, windows, utilities, trees, paving to remain ■ Draw it to scale on paper – measure with a tape measure, then use a ruler or scale on graph paper. Common scales are 1/8″=1′ or 1/4″ =1′ Stephanie Morris, Landscape Architect



Conceptual Diagram

- Write in notes and sketch out rough ideas of how elements should be positioned
- Best time for free flow of ideas
- I use tracing paper over the base plan
- Use 'idea photos' if needed
- Be consistent with styles and avoid blending too many shapes

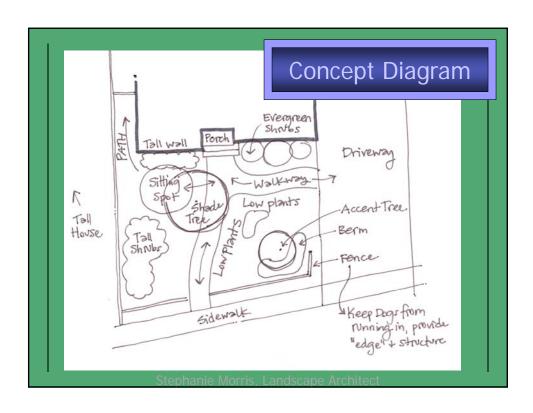


Stephanie Morris, Landscape Architect

Design Goals: Front

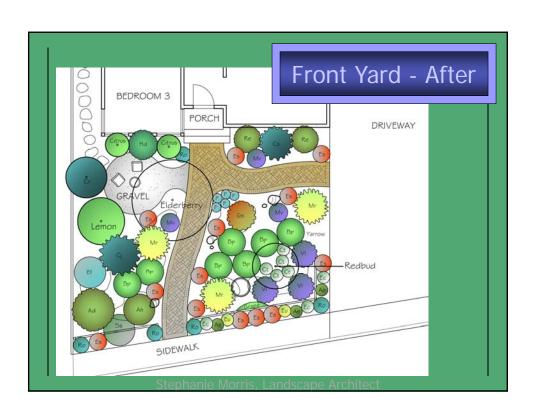
- Need wider/aligned front path
- Hot south facing house shade tree
- Connection to driveway
- Add focal point and foliage/seasonal interest
- Wildlife habitat
- Provide edge for dog walkers
- Screen large neighbor's house

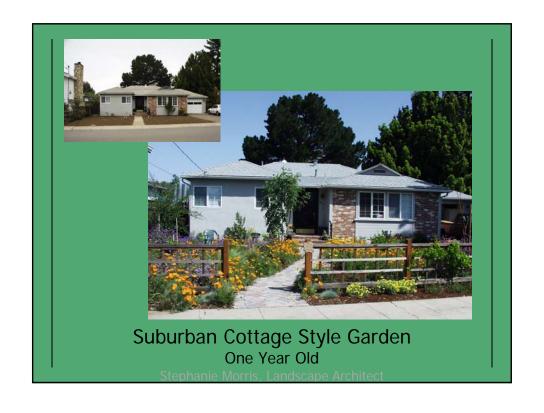




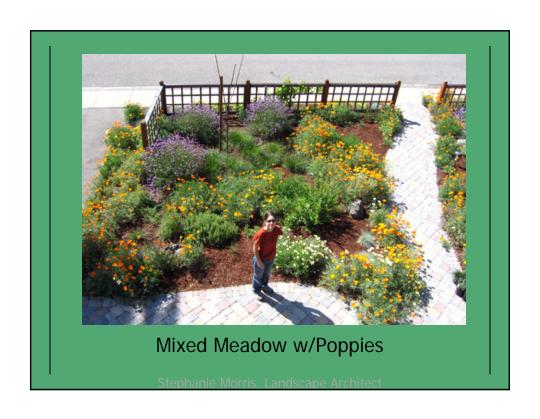
Refine Design

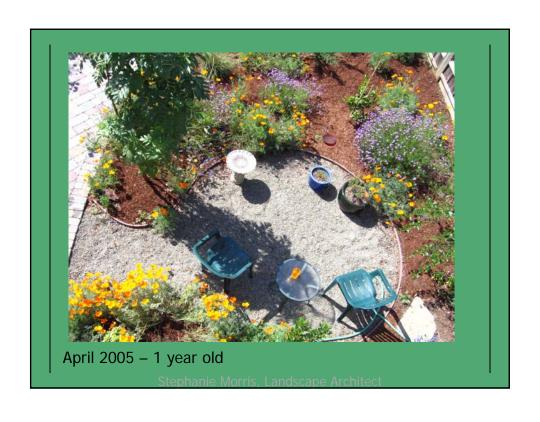
- Get input from all decision makers
- Do planting design: trees first, shrubs, perennials/groundcovers
- Recommended books: California Native Plants for the Garden and Designing California Native Gardens
- Check design for Functional, Ecological, and Aesthetic elements. Does it have a balance of seasonal interest?











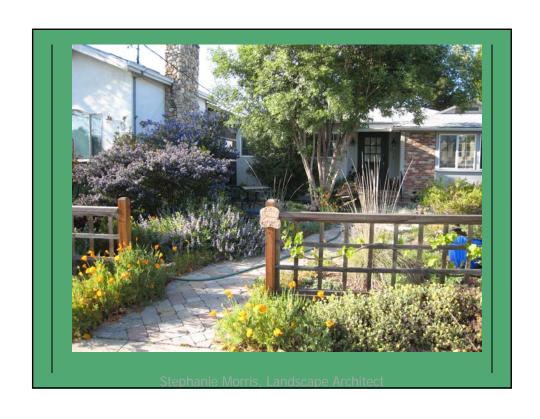














Design Goals: Rear

- Small play lawn
- Fruit/veggies in easy access to house
- Shady seating area
- Add patio door access
- Compost and shed area
- Seating areas
- Added hose bibs and drip irrigation











- Use graph paper to create base map
- List goals (functional/aesthetic/ecological)
- Conceptual diagram
- We will select some to review together

Part 4: Design Exercise

Stanhania Morris Landscana Architect

