



City of
Mountain View

AGE FRIENDLY MOUNTAIN VIEW
SENIOR RESOURCE GUIDE



FOOD & NUTRITION

- All information is subject to change
- Please call to confirm pricing

Revised June 2024

FOOD & NUTRITION

Community Services Agency – Mountain View, Los Altos and Los Altos Hills

Emergency Assistance including food and financial aid Homeless Services including comprehensive case management, Senior Services including nutrition services, transportation, shopping assistance and case management. *Free*

204 Stierlin Road

Mountain View, CA 94043

www.csacares.org

(650) 968-0836 (Phone Main)

(650) 938-2728 (General Admin. Fax)

(650) 968-2164 (Programs Fax)

Community Services Agency – Mountain View, Los Altos and Los Altos Hills @ Mountain View Senior Center

Senior Nutrition Program offers a hot lunch, prepared on-site at the Mountain View Senior Center, Monday - Friday 11:30am-12:15pm. Recommended sign in time is 11:15am.

Anyone 60 years of age and older; Suggested Donation \$3.00

Anyone under the age of 60; Suggested Donation \$8.00

Earlene Minnis

Senior Nutrition Site Manager

(650) 964-6586

Medicare Advantage Plan – Meals on Wheels

Medicare Advantage plan can coordinate with Meals on Wheels to offer a meal delivery service for seniors. There are several rules and restrictions about Medicare Advantage coverage of meal delivery service. If you're enrolled in a Medicare Advantage plan, you might want to call and ask for details. All Medicare Advantage plans must provide this service through Meals on Wheels if you meet the criteria for it.

Health Trust - Meals on Wheels Program

Meals on Wheels

Weekly delivery of meals is available through Health Trust to homebound seniors 60+ years.

Participant donation suggested.

www.healthtrust.org

(408) 513-8700

Hope's Corner Meals and Showers Program – Every Weekend

The Hope's Corner meal program serves free breakfast and bag lunch every Monday 8am-9am (beginning Aug 7, 2023) Wednesday 8am-9am and Saturday 8 am-10 am. The shower and laundry program hours are Monday (beginning Aug 7) 8:30am – noon, Wednesday 8:30 am-noon, and Saturday 8:30 am-2:15 pm.

Trinity United Methodist Church

748 Mercy Street

www.hopes-corner.org

(650) 254-1450

Second Harvest Food Bank

Food distributed at various sites throughout the County.

Free Groceries Program

4001 North 1st Street,

San Jose, CA 95134

www.shfb.org/home

(408) 266-8866

Second Harvest Food Bank Mountain View Distribution Locations:

- Community Services Agency of Mtn.View & Los Altos
204 Stierlin Rd.
Mountain View, CA 94043
- Mountain View Senior Center
266 Escuela Ave
Mountain View, CA 94040

St. Vincent de Paul, Santa Clara County

We provide critical support to residents of Santa Clara County who are struggling to make ends meet, but are not receiving the help they need. To find Parish coverage in your area please call the council office at 408-249-2853.

<http://www.svdp.org/if-you-need-help/>

- St. Joseph Parish
582 Hope St
Mountain View, CA 94041
(650) 967-3831
- St. Athanasius
160 N Rengstroff Ave
Mountain View, CA 94041
(650) 961-8600



**LifeMoves
Meal Service**

Sign up at <https://www.lifemoves.org/volunteers/meals/>

(650) 444-1547

Questions Email: amazariegos@lifemoves.org

LifeMoves | Georgia Travis House

260 Commercial Street,
San Jose, CA 95112

LifeMoves | Maple St Shelter

1580 Maple St
Redwood City, CA 94063

LifeMoves | Villa

184 South 11th Street
San Jose, CA 95112

LifeMoves | Coast House

230 Cabrillo Hwy S
Half Moon Bay, CA 94019

LifeMoves | Montgomery Street Inn

358 N Montgomery Street,
San Jose, CA 95110

LifeMoves Mountain View

2566 Leghorn Street,
Mountain View, CA 94043

LifeMoves | Julian Street Inn

546 W Julian Street,
San Jose, CA 95110

Food Closet

The Downtown Streets Team Food Closet is located at 425 Hamilton Avenue in Palo Alto (phone: 650-325-3663) on the All Saints' Church campus. Entry to the Food Closet is on the Hamilton side of the church. Opening hours:

Mon, Tues, Wed, Friday – 10am – 2:30pm

Thurs – 10am – 7pm

Sat and Sun – Closed

<https://www.asaints.org/outreach/food-closet/>

***Please visit the Mountain View Senior Center Website below to find more information on basic needs services (CSA/SecondHarvestFB/MealsonWheels)**

<http://www.mountainview.gov/depts/manager/resources.asp>

